



**RESOLUTION 19-49**

**Resolution Recognizing the Mental Health Stigma Reduction Campaign**

WHEREAS, there is a proven connection between good mental health and overall personal health;

WHEREAS, mental illnesses affect almost every family in America;

WHEREAS, people with mental illnesses recover if given the necessary services and supports in their communities;

WHEREAS, people with mental illnesses make important contributions to our families and our communities;

WHEREAS, millions of adults and children are disabled by mental illnesses every year;

WHEREAS, only one out of two people with a serious form of mental illness seeks treatment for their mental illness;

WHEREAS, stigma and fear of discrimination keep many who would benefit from mental health services from seeking help;

WHEREAS, research shows that the most effective way to reduce stigma is through personal contact with someone with a mental illness;

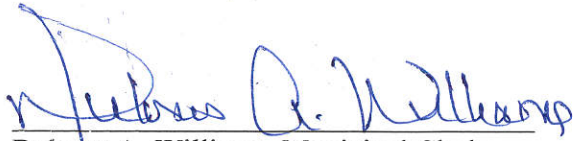
WHEREAS, good mental health is critical to the well-being of our families, communities, schools, and businesses;

WHEREAS, greater public awareness about mental illnesses can change negative attitudes and behaviors toward people with mental illnesses;

NOW, THEREFORE, the Mayor and Princeton Council on behalf of Princeton, NJ, do hereby call upon all Princeton, NJ citizens, government agencies, public and private institutions, businesses, and schools to recommit our community to increasing awareness and understanding of mental illnesses, reducing stigma and discrimination, and promoting appropriate and accessible services for all people with mental illnesses.

Councilperson	Absent	Present	1 <sup>st</sup>	2 <sup>nd</sup>	Yea	Nay	Abstain	Disqualified
Mr. Cohen		X			X			
Ms. Crumiller		X	X		X			
M. Fraga		X			X			
Ms. Niedergang		X			X			
Mr. Quinn		X		X	X			
Mr. Williamson		X			X			
Mayor Lempert		X						

I, Delores A. Williams, Municipal Clerk of Princeton, do hereby certify that the above is a true copy of a resolution adopted by the Mayor and Council of Princeton at a meeting held January 28, 2019.



Delores A. Williams, Municipal Clerk

**ATTACHMENTS:**

- StigmaFree Mercer hard copy pledge (DOCX)
- Stigma-Free-Toolkit (PDF)