



**Public Health**  
Prevent. Promote. Protect.

**Princeton Health Department**

# Princeton Health Needs – survey analysis

Friday, April 08, 2016

# Goal and Objectives

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**Goal:** To better understand the factors which influence the health of residents.

**Objectives:**

- 1) To understand the health concerns and the health challenges of Princeton residents in a broad context.
- 2) To plan for service delivery based on service gaps and need for additional services.



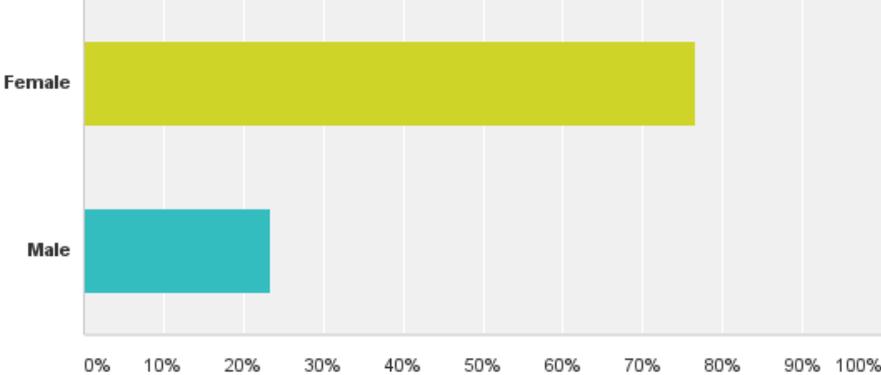
# Survey Source and analysis

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- Designed using the online survey software, Survey Monkey
- **Areas of focus for the survey: individual/community health challenges, health needs, health care, and health improvement**
- Distributed to residents via PHD website and directly via email.
- Mercer County 2012 Community Health Assessment Report
- United States Census Bureau
- Built-in analysis and graphing capabilities of Survey Monkey
- Survey responses to each question, per respondents were downloaded directly from Survey Monkey to Microsoft Excel.
- Tables and charts in Excel for quantitative data
- Themes recovered and proportions graphed in Excel

# Q1: What is your gender?

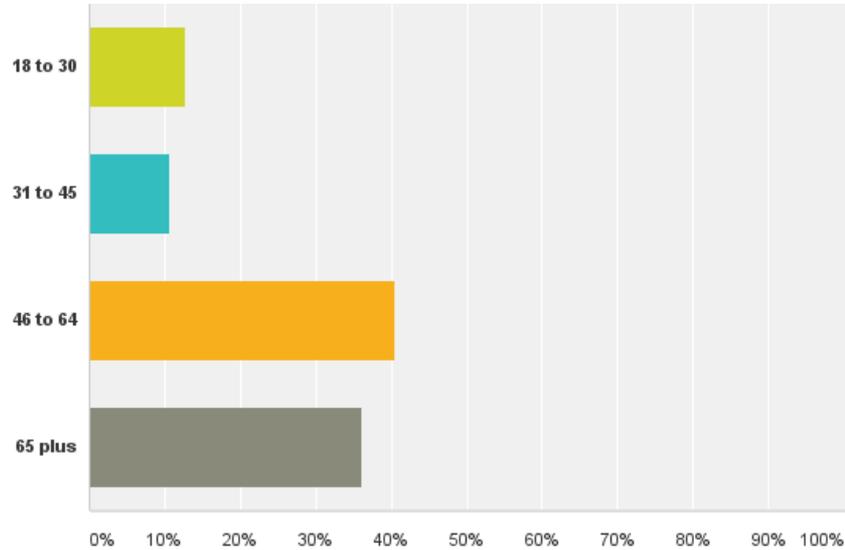
Answered: 47



Answer Choices	Responses
Female	76.60% 36
Male	23.40% 11
<b>Total</b>	<b>47</b>

## Q2: What is your age?

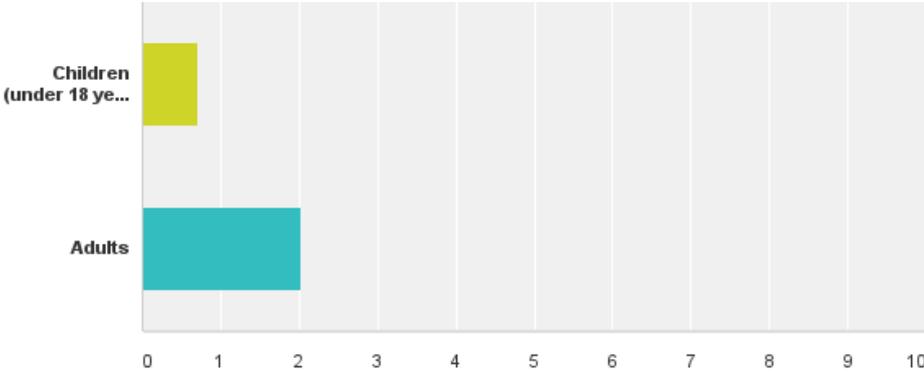
Answered: 47



Answer Choices	Responses
18 to 30	12.77% 6
31 to 45	10.64% 5
46 to 64	40.43% 19
65 plus	36.17% 17
<b>Total</b>	<b>47</b>

# Q3: Number of family members living in your household

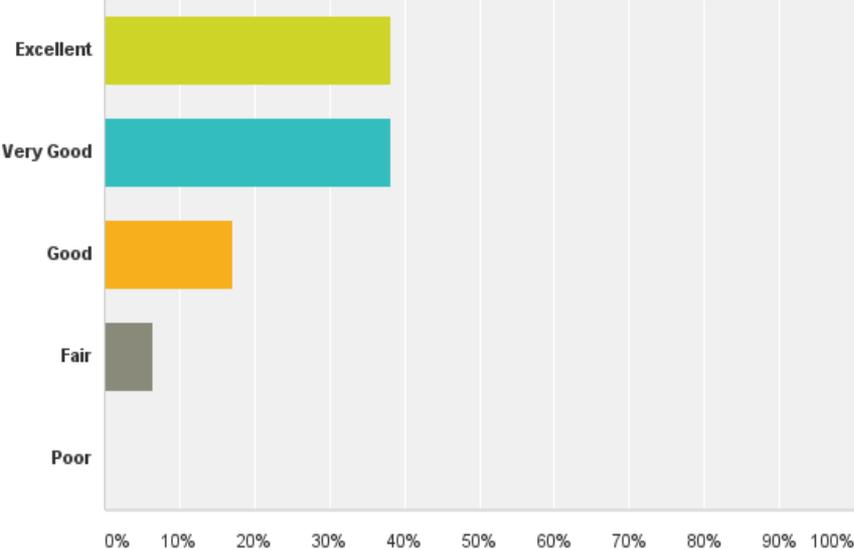
Answered: 47



Answer Choices	Average Number	Total Number	Responses
Children (under 18 years of age)	1	19	27
Adults	2	93	46
<b>Total Respondents: 47</b>			

# Q4: In general, which of the following best describes your health

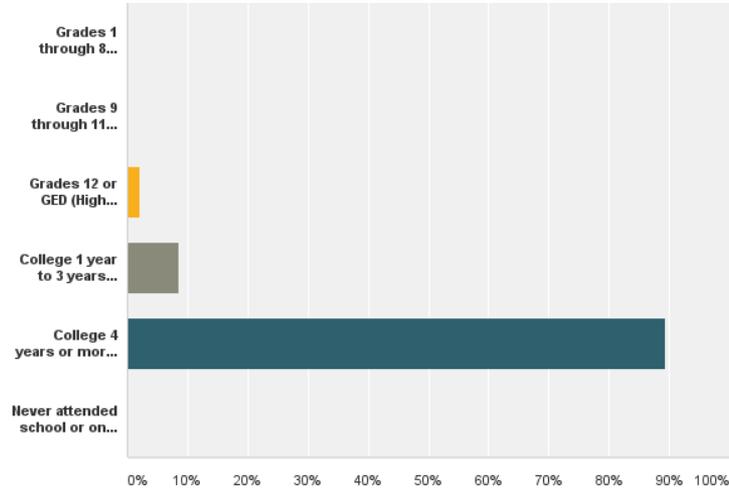
Answered: 47



Answer Choices	Responses
Excellent	38.30% 18
Very Good	38.30% 18
Good	17.02% 8
Fair	6.38% 3
Poor	0.00% 0
<b>Total</b>	<b>47</b>

# Q6: What is the highest grade or year of school you completed?

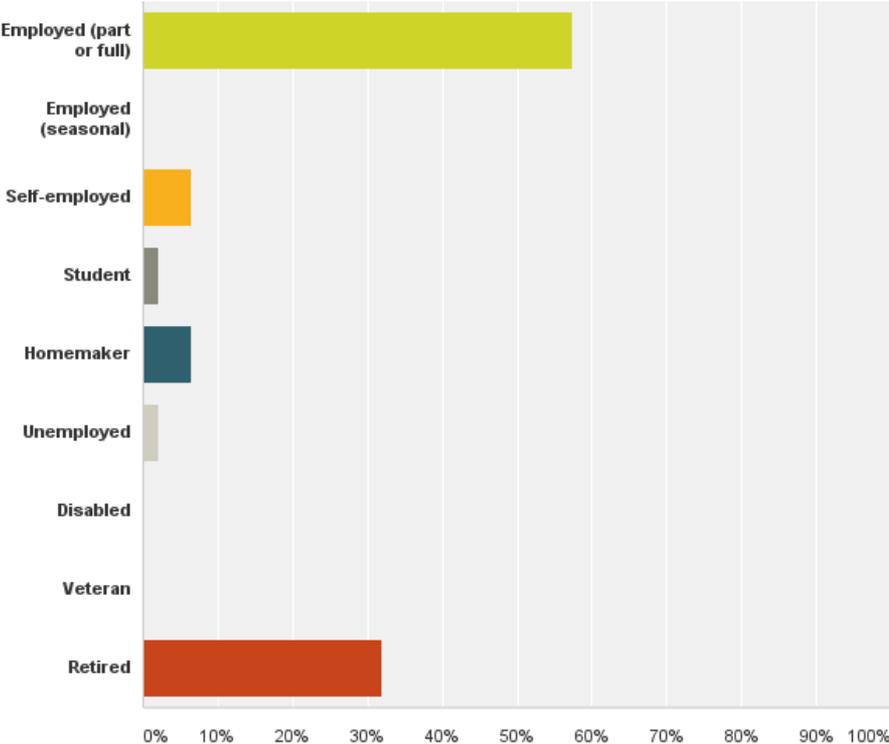
Answered: 47



Answer Choices	Responses
Grades 1 through 8 (Elementary)	0.00% 0
Grades 9 through 11 (Some high school)	0.00% 0
Grades 12 or GED (High School graduate)	2.13% 1
College 1 year to 3 years (Some college or technical school)	8.51% 4
College 4 years or more (College graduate)	89.36% 42
Never attended school or only attended kindergarten	0.00% 0
<b>Total</b>	<b>47</b>

# Q7: What is your current status? (Select all that apply)

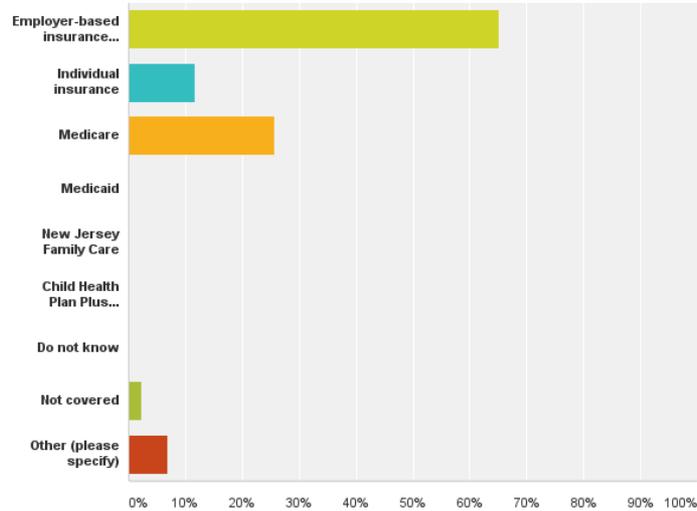
Answered: 47



Answer Choices	Responses
Employed (part or full)	57.45% 27
Employed (seasonal)	0.00% 0
Self-employed	6.38% 3
Student	2.13% 1
Homemaker	6.38% 3
Unemployed	2.13% 1
Disabled	0.00% 0
Veteran	0.00% 0
Retired	31.91% 15
<b>Total Respondents: 47</b>	

# Q8: Which of the following types of primary insurance coverage do you currently have?

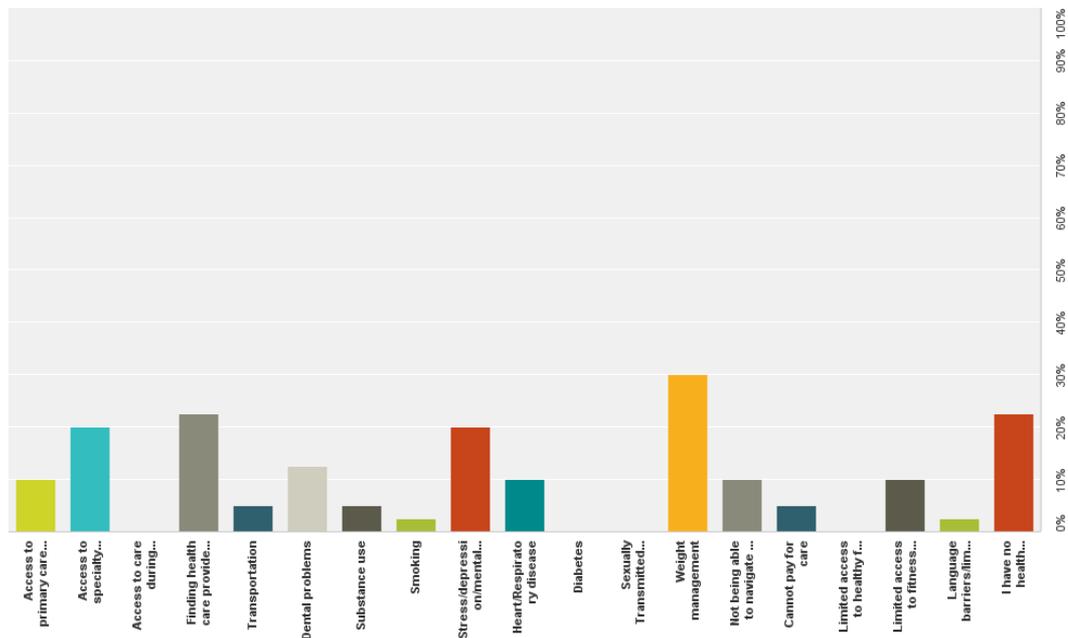
Answered: 43



Answer Choices	Responses
Employer-based insurance (including retirees)	65.12% 28
Individual insurance	11.63% 5
Medicare	25.58% 11
Medicaid	0.00% 0
New Jersey Family Care	0.00% 0
Child Health Plan Plus (CHP+)	0.00% 0
Do not know	0.00% 0
Not covered	2.33% 1
Other (please specify)	6.98% 3
<b>Total Respondents: 43</b>	

# Q9: Please select what you think are your top three health challenges: (select only 3)

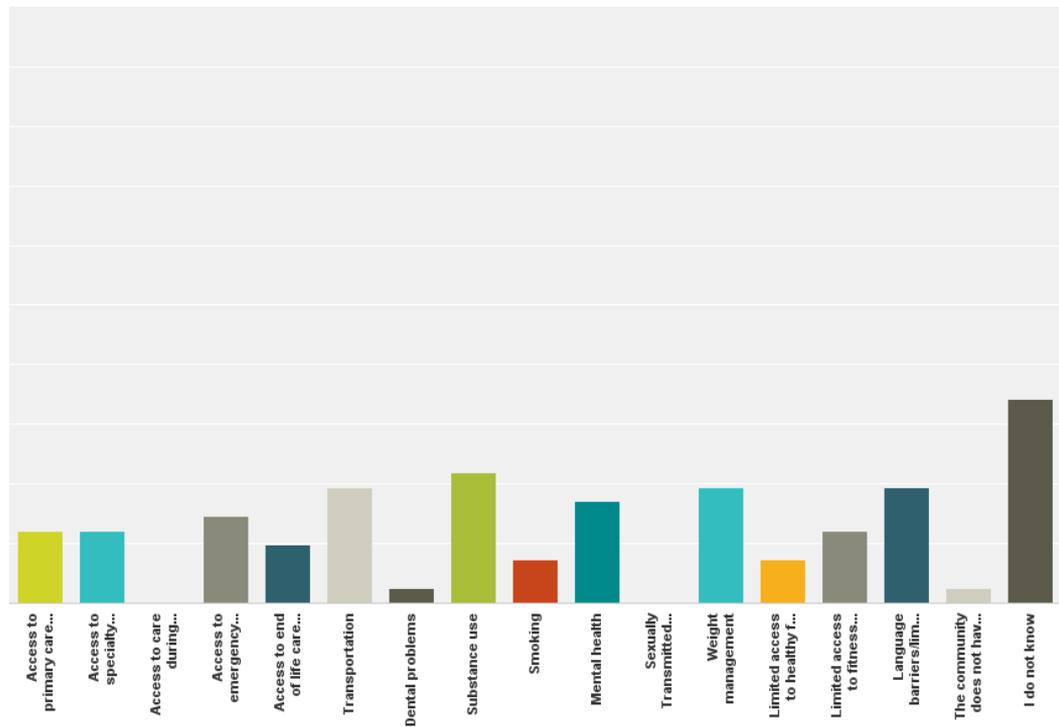
Answered: 40



Answer Choices	Responses	Count
Access to primary care providers	10.00%	4
Access to specialty providers	20.00%	8
Access to care during pregnancy	0.00%	0
Finding health care providers who accept my/our insurance	22.50%	9
Transportation	5.00%	2
Dental problems	12.50%	5
Substance use	5.00%	2
Smoking	2.50%	1
Stress/depression/mental health	20.00%	8
Heart/Respiratory disease	10.00%	4
Diabetes	0.00%	0
Sexually Transmitted Diseases	0.00%	0
Weight management	30.00%	12
Not being able to navigate the health care system	10.00%	4
Cannot pay for care	5.00%	2
Limited access to healthy food	0.00%	0
Limited access to fitness centers/gym/active lifestyle	10.00%	4
Language barriers/limited access to medical interpreter	2.50%	1
I have no health challenges	22.50%	9
<b>Total Respondents: 40</b>		

# Q10: Please select what you think are the top three health challenges the community faces: (select only 3)

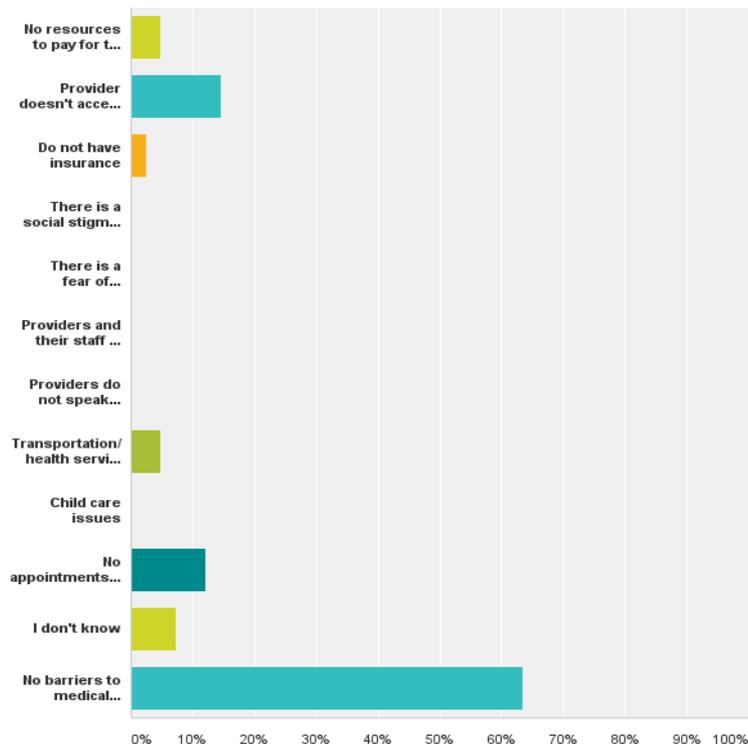
Answered: 41



Answer Choices	Responses
Access to primary care providers	12.20% 5
Access to specialty providers	12.20% 5
Access to care during pregnancy	0.00% 0
Access to emergency services	14.63% 6
Access to end of life care or home health services	9.76% 4
Transportation	19.51% 8
Dental problems	2.44% 1
Substance use	21.95% 9
Smoking	7.32% 3
Mental health	17.07% 7
Sexually Transmitted Diseases	0.00% 0
Weight management	19.51% 8
Limited access to healthy food	7.32% 3
Limited access to fitness centers/gym/active lifestyle or something like this	12.20% 5
Language barriers/limited access to medical interpreter	19.51% 8
The community does not have any health challenges	2.44% 1
I do not know	34.15% 14
<b>Total Respondents: 41</b>	

# Q11: What keeps your family from seeking medical treatment? (select all that apply)

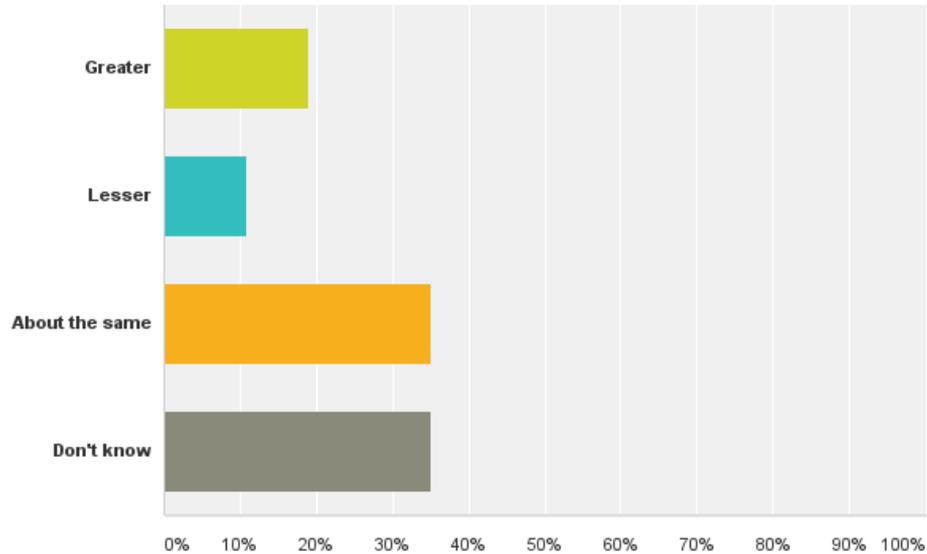
Answered: 41



Answer Choices	Responses
No resources to pay for the service	4.88% 2
Provider doesn't accept individual insurance	14.63% 6
Do not have insurance	2.44% 1
There is a social stigma to accessing the service	0.00% 0
There is a fear of confidentiality not being maintained	0.00% 0
Providers and their staff do not recognize cultural needs and values	0.00% 0
Providers do not speak my/our language	0.00% 0
Transportation/health services too far away	4.88% 2
Child care issues	0.00% 0
No appointments available	12.20% 5
I don't know	7.32% 3
No barriers to medical treatment	63.41% 26
<b>Total Respondents: 41</b>	

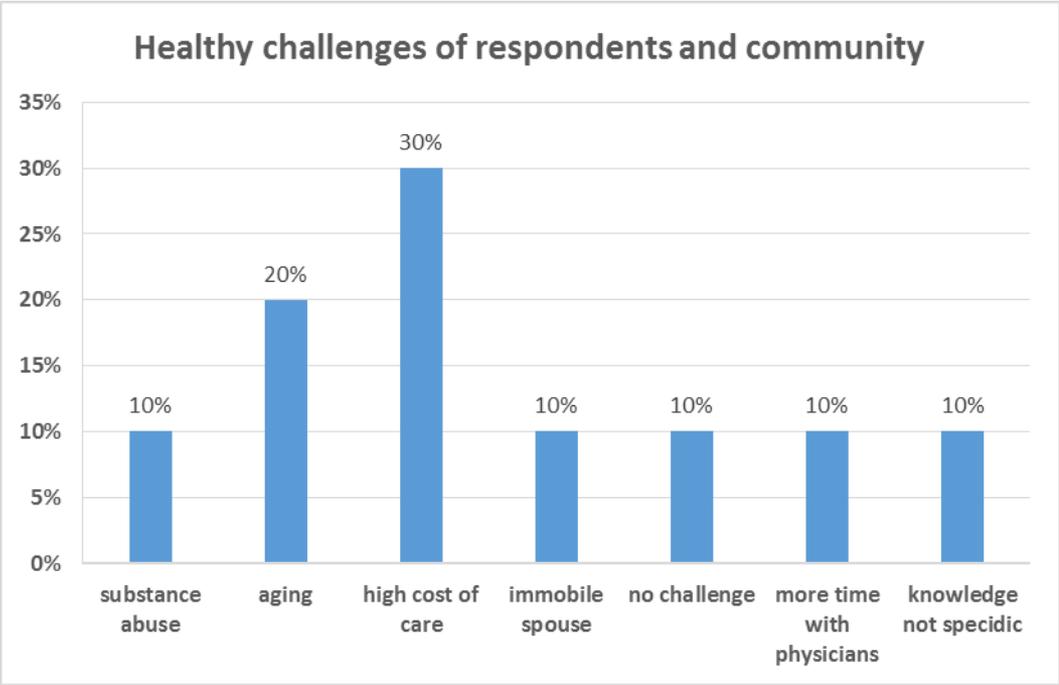
# Q13: Do you believe the kids in our community are using illegal substances (including alcohol and marijuana) to a greater or lesser degree than their peers in other communities? (Choose one)

Answered: 37

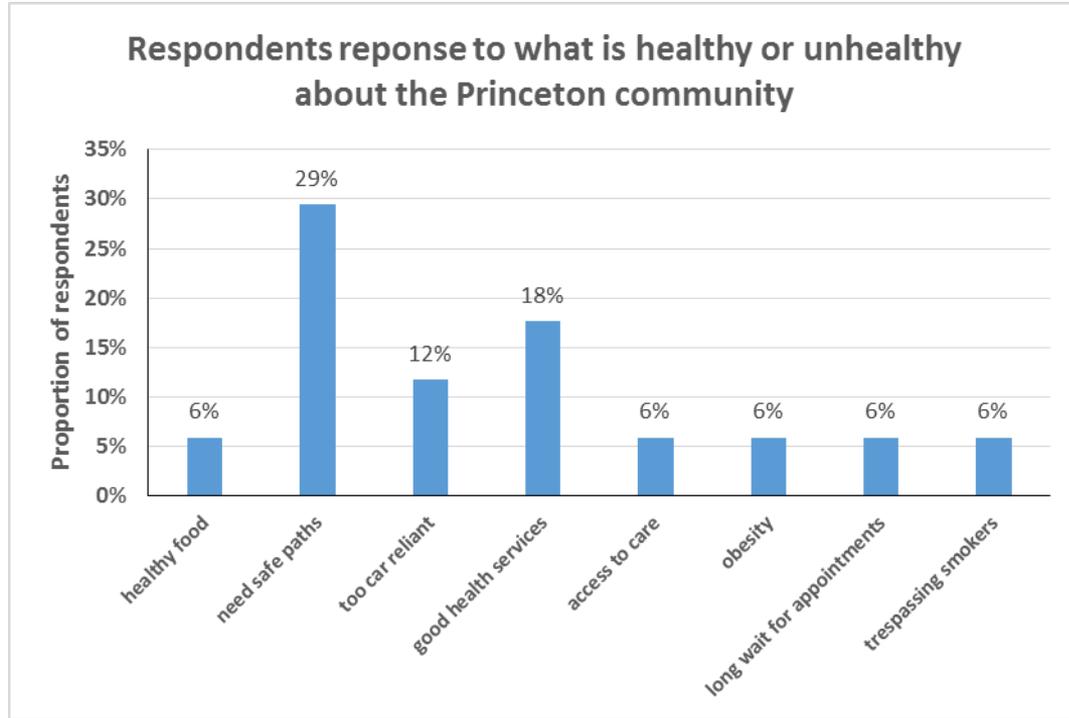


Answer Choices	Responses
Greater	18.92% 7
Lesser	10.81% 4
About the same	35.14% 13
Don't know	35.14% 13
<b>Total</b>	<b>37</b>

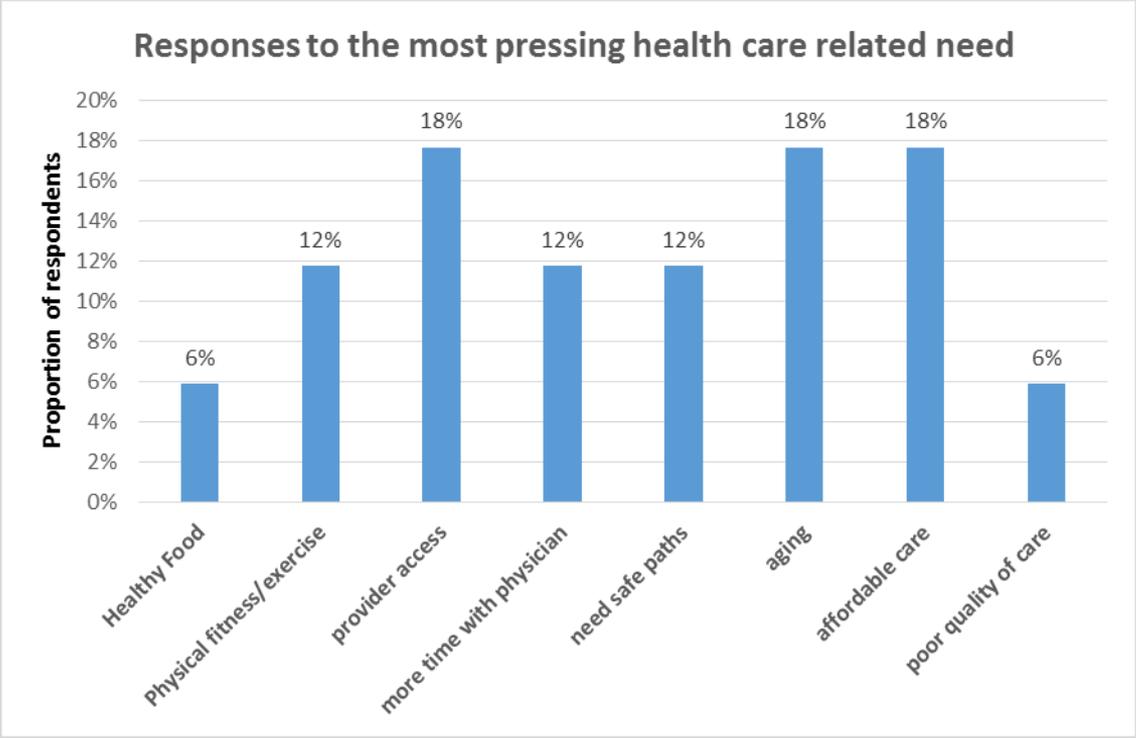
# Health challenges of individuals/community



# What is healthy or unhealthy in Princeton



# Most pressing health care related need



# Over-arching Themes and Conclusion

- High cost/affordability of care
- Safe paths/walkability
- Issues with aging

