

NEW JERSEY 2015

LOCAL HEALTH REPORT

Princeton Health Department



Public Health
Prevent. Promote. Protect.



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Princeton Health Department

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What Does Your Health Department Do?

The Princeton Health Department (PHD) protects and improves the health and well-being of your community, as well as the environmental resources upon which we all depend.

Since 1900, the average lifespan of U.S. residents has increased by more than 30 years, with 25 years of this gain attributable to advances in public health, such as:

- Vaccination
- Motor-vehicle safety
- Safer workplaces
- Control of infectious diseases
- Decline in deaths from coronary heart disease and stroke
- Safer and healthier foods
- Healthier mothers and babies
- Family planning
- Fluoridation of drinking water
- Recognition of tobacco use as a health hazard

Today, your local, county, regional, and state public health agencies continue to promote health and wellness across New Jersey.

Your health department:

- Protects you from health threats. Your health department works to prevent disease outbreaks and makes sure the water you drink, the food you eat, and the air you breathe are all safe. We are also ready to respond to any health emergency — be it bioterrorism, Ebola, West Nile Virus, or a new environmental hazard.
- Educates you and your neighbors about health issues. Your health department provides you with information that helps you make healthy decisions, like exercising more, eating right, quitting smoking, and washing your hands to protect yourself from communicable diseases. During a public health emergency, we also provide important alerts and warnings to protect your health.
- Provides healthy solutions. Your health department offers the preventive care you need to avoid disease and maintain your health. We provide flu shots for the elderly and help mothers get prenatal care to give their babies a healthy start. We also help provide children with regular check-ups, immunizations, and good nutrition to help them grow and learn.
- Advances community health. Your health department takes part in developing new policies and standards that address existing and emerging challenges to your community's health while enforcing a range of laws to help keep you safe. We work through research and staff training to maintain expertise and deliver up-to-date, cutting-edge health programs.

Princeton Health Department & You Improving Health Together!

Public Health Quick Facts

- 5 Number of FTEs
- 648 Individuals Immunized
- 673 Health Screenings offered by PHD
- 327 Clinic-based medical visits provided
- 1,047 Pets licensed
- 210 Environmental health issues investigated

Our Vision:

Leading the way to a healthy Princeton

Our Mission:

To preserve, promote and improve the health and wellbeing of the people, wildlife and environment of Princeton

Have a Question for Us?

Ask Us Online!

www.princetonnj.gov/health/contact-form.html

Send your comments and questions to the Health Department. Items marked with *** are Required Information.

[Health Department Customer Satisfaction Survey](#)

Name ***	<input type="text"/>
Phone	<input type="text"/>
Email Address ***	<input type="text"/>
Confirm Email ***	<input type="text"/>
Subject ***	<input type="text"/>
Comments/Questions ***	<input type="text"/>
Type the Anti-spam code***	78814 <input type="text"/>
<input type="button" value="Submit your Comment/Question Now"/>	

Princeton Health Department Service Area

Town Name	
Full-Time Health Officer	
Animal Bites & Rabies Control	P
Body Art, Permanent Cosmetics	
Childhood Lead Poisoning Control	P
Communicable Disease Control	P
Emergency Preparedness and	P
Health Education & Promotion	P
Individualized Clinical Services	P
Inquiries, Issues, Complaints	P
Kennels, Pet Shops, Shelters	P
Onsite Wastewater Disposal	P
Other Animal Control Services	P
Potable Wells & Drinking Water	P
Proprietary Campgrounds	
Public Campgrounds	
Recreational Bath Facilities	P
Retail Food Establishment Safety	P
School Immunity Record Audits	P
Tanning Facility Compliance	
Youth Camps	P
Add on 1	
Add on 2	
Add on 3	
Add on 4	
Add on 5	

The Road towards Accreditation, 2015

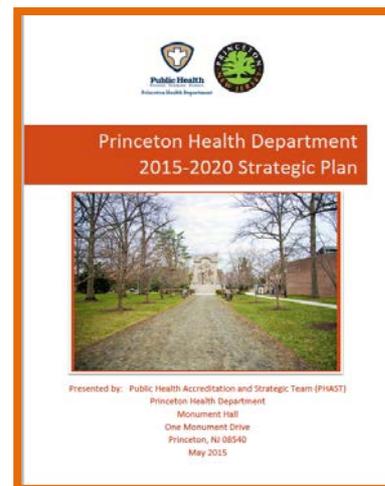


The Princeton Health Department (PHD) is working to achieve national public health accreditation from the Public Health Accreditation Board (PHAB). After a year-long planning process, PHD finalized a five-year Strategic Plan in 2015 and submitted the first year application fee to PHAB. In November, Accreditation Coordinator (Keith Levine) and Health Officer (Jeffrey Grosser) attended the onsite training with PHAB professionals in Alexandria, VA to learn how to properly submit documentation to the Accreditation Board. Working tirelessly through the summer, the Health Department has acquired nearly 75% of the necessary paperwork to become accredited.

Public Health Priorities from the Princeton HD's Strategic Plan

- **Strategic Priority 1:** Healthy and Safe Community Environments.
- **Strategic Priority 2:** Public Health Continuous Improvements
- **Strategic Priority 3:** Prepare for Public Health Emerging Threats

Planning for a Healthier Future



KEY ACCOMPLISHMENTS

Princeton Health Department (PHD) is a proud recipient of the New Jersey **Accreditation Support Initiative Funding** to apply for Accreditation in 2016.

Public Health Accreditation embeds a **culture of quality improvement** throughout the organization. Accreditation is focused on **transparency, accountability, and measuring success**. We are using the results of our strategic planning process to address the needs of our communities—Check our website for updates and how you can be involved.

Sponsored by the National Association of County & City Health Officials, and by NJ Association of County & City Health Officials through a grant from the National Network of Public Health Institutes

Staffing & Human Resources Summary

Fiscal Year Summary	2015 data
Number of Individual Employees	7
Number of Individual Contract Staff	3
Number of Individual Volunteers	11
Number of Contract Organizations	5
Total Number of Full-Time Equivalent Human Resources Available <i>Serving over 28,000 residents</i>	4
FTEs of Individual Employees	5
FTEs of Individual Contract Staff	0
FTEs of Individual Volunteers	0
FTEs of Contract Organizations	0
Total Number of Full-Time Equivalent Human Resources Available	0

¹Employees are individuals who are on the LHD's payroll and paid a set salary or hourly rate. This includes full-time, part-time, and casual/at-will/W-9 staff of the LHD.

¹ Contract staff are individual contractors or consultants who are not on the LHD's payroll, but who invoice or bill the LHD for services rendered on behalf of the LHD and are paid directly by the LHD as individuals (rather than as companies/organizations).

¹ Contract organizations are organizations that, under the terms of a contract, provide services on behalf of the LHD in exchange for payment, where the LHD pays the organization rather than directly compensating individual staff of the organization for their services.

Inquiries, Issues, and Complaint Investigations: Improving Community Quality of Life, Health, and Safety

The Princeton Health Department assists residents in the resolution of quality of life questions and concerns, as well as conducts investigations to prevent and correct (“abate”) conditions or uses of a properties that interfere with neighbors’ use or enjoyment of their own properties or endanger life, health or safety.



Complaint investigations in 2015 include:

- **High Grass**
- **Retail Food complaints**
- **Pollution of Air, Noise, Water, or Soil**
- **Debris, Rodents, and Insects**

Key Facts & Activities	2015 data
Number of contacts handled	269
Number of cases investigated	210
Number of cases that required enforcement action (including, but not limited to, fines, notices of violation, and court summonses)	11
Percent of cases that required enforcement actions	5.24

The data on this page applies to: Town Of Princeton.

Emergency Preparedness and Response



The Princeton Health Department monitors the community for infectious or communicable diseases, public health nursing and case investigation & disease outbreak prevention and mitigation, health education/ risk communication, partnerships with traditional and non-traditional emergency responders and the community-at-large, and environmental contamination mitigation post-event (natural or manmade disasters).

Princeton Health Department has an updated continuity of operations plans to respond to the following types of emergencies that involve:

- *Retail food safety*
- *Multi-family housing*
- *Food-borne disease outbreaks*
- *Hazardous material spills*
- *Raw sewage spills*
- *Isolation and quarantine to prevent the spread of dangerous illnesses*
- *Infectious diseases*
- *Potential bioterrorism exposures*
- *Radiological release events*

The Princeton Health Department's response plans include extra precautions and preparations to protect populations at greatest risk for the above-mentioned emergencies.

The data on this page applies to: Town Of Princeton.

Princeton's Public Health Interns and Volunteers Help Make a Difference



The Princeton Health Department is proud to participate in providing public health administrative and field experiences to high school students, undergraduates, graduates and post graduate students interested in learning about all things Public Health.

Our dedicated and caring volunteers made a difference in 2015. Our department programs benefited greatly from the numerous hours and talents of our many volunteers. In 2015, our volunteers donated hundreds of hours of service in planning events, organizing files, digitizing records, creating informational resources, preparing for several community events, programs, as well as assisting in our accreditation efforts. Their dedication enables our department to provide valuable services to the citizens of Princeton.

Health Education and Promotion



Health Education occurs throughout all local health department programs, with a focus on providing education and health promotion services that help the public make informed decisions about their health. Health education programs and activities help the community achieve a healthier lifestyle and promote healthy behaviors.

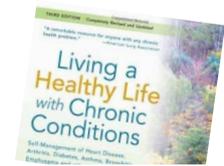
Health education also works to promote healthy policies to **“Make the Healthy Choice the Easy Choice.”** We work with partner agencies on coalition building to assess community needs and respond with **evidence-based strategies** to improve health outcomes.



Social Media for Wellness
 To better reach our busy residents, 2015 saw the launch of **Wellness Wednesdays**, our weekly tweet of healthy hints.
 Want to receive these tweets?
Follow @accessprinceton and @ptonhealthdept on Twitter

In 2015, the Princeton Health Department conducted outreach to local schools, businesses, faith-based organizations, childcare providers, and to other local organizations. The health department also posted information to the township website. This information is reviewed and updated as necessary. The health department also shared information via its email distribution list. Information was also broadcasted via TV ads/spots, print and online newspapers and newsletters. A Twitter page was also created to engage with Princeton residents and community partners.

Take Control of Your Health



Also in 2015, the Princeton Health Department partnered with Princeton Community Housing to offer the ‘Take Control of Your Health’ Chronic Disease Self-Management Program to address the growing prevalence of chronic disease in our community. This evidence-based program helps people with diabetes, asthma, arthritis, cancer, COPD, CVD, Lyme disease, or any other condition that requires management on a regular basis.

The program focuses on problems and topics of interest such as managing pain, fatigue, and other symptoms, nutrition, exercise, appropriate use of medications, managing stress and emotions, and communicating effectively with health professionals.

Key Facts & Activities	2015 data
Number of single-session educational events	74
Number of multi-session educational events	10
Total number of educational events	84

The data on this page applies to: Town Of Princeton.

Public Health Nursing

Communicable Disease Control and Individual Clinical Services

As part of our mission to assure that all people have access to essential health services, local health departments provide a variety of individual, clinical services such as screenings and checkups, referrals to appropriate medical care, and primary medical care and follow-up.



To meet the continuing need for disease investigation, the Health Department has a part-time Public Health Nurse. Having nursing staff in-house allows us to respond more nimbly to outbreaks, emergencies, and emerging disease threats. It also builds capacity to improve chronic disease outreach and community wellness initiatives.

Heart disease is the #1 cause of death in Mercer County as well as in New Jersey, and the United States. High blood pressure (hypertension) is a major risk for both heart attacks and strokes. Screening programs can identify people with hypertension who were unaware of their problem and monitor the effectiveness of individuals receiving treatment.

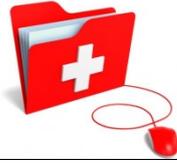
The Princeton Health Department conducts FREE blood pressure screenings every month at different locations in Princeton – Princeton Resource Center, Princeton Community Housing, as well as the Municipal Building. Participants receive a pamphlet explaining what their blood pressure means, what action they need to take and lifestyle modifications to lower blood pressure.

In 2015, 266 people participated in the Blood Pressure Screening Program.

Key Facts & Activities	2015 data
Number of clinic-based medical visits provided	327
Number of individuals (unduplicated) who received care at health department clinics	314
Number of home-based nursing visits provided	3
Number of individuals (unduplicated) who received home nursing care from the health department	3
Number of referrals to medical follow-up, support programs, and/or accessible medical services	352
Number of children immunized to protect them from dangerous and deadly preventable diseases	28
Number of adults (age 18 and up) immunized to protect them from dangerous and deadly preventable diseases	568
Total number of immunizations provided by the LHD	648
Total number of health screenings provided by the LHD	673
Number of individuals screened for Sexually Transmitted Infections (other than HIV/AIDS)	64
Number of individuals screened for HIV/AIDS	6
Number of individuals screened for Cardiovascular Disease	266
Number of individuals screened for Hypertension	266
Number of individuals screened for Tuberculosis	52
Number of individuals screened for Hearing	19

The data on this page applies to: Town Of Princeton.

School Immunization Record Audits



To ensure that our community schools and children are keeping kids healthy and safe from preventable disease, local health departments review immunization records of children within schools and childcare facilities, to make sure everyone is protected from vaccine-preventable diseases.

Key Facts & Activities	2015 data
Number of Childcare / Pre-K facilities	17
Number of Childcare / Pre-K facilities audited by the health department	12
Number of Kindergarten facilities	11
Number of Kindergarten facilities audited by the health department	8
Number of Grade 1 facilities	11
Number of Grade 1 facilities audited by the health department	8
Number of Grade 6 facilities	7
Number of Grade 6 facilities audited by the health department	5
Number of High School facilities	6

The data on this page applies to the Town of Princeton.

Animal Care and Management



The Princeton Animal Control provides swift response to all kinds of animal control emergencies, helps residents find lost pets, and assists with nuisance wildlife where there is a rabies transmission risk.

All municipalities in New Jersey are responsible for licensing domestic dogs, to ensure that dogs and the people they interact with are protected from rabies. Pet licensing programs also help to quickly reunite lost pets with their owners. In some municipalities, the local health department manages the pet licensing program.

The Princeton Health Department inspects kennels, pet shops, shelters, and pounds in town to ensure that these facilities are operating in compliance with sanitation, safety, and animal welfare rules.

We also assist with pet adoptions, and provide free rabies shots to area pets at our clinics.



Animal Control Quick Facts

- 21 Incidents where an animal bit a human.
- 4 Incidents where a rabid or suspected-rabid animal bit a domestic animal.
- 5 unimmunized animals confined for rabies observation after biting another animal.
- 1,047 pets licensed.
- 2 rabies vaccination clinics held by PHD.
- 69 pets vaccinated against rabies by PHD.

Animal Bites and Rabies Control

- Some animal bites pose the potential to transmit rabies to humans. When such cases are identified, the animal may need to be tested for rabies.
- The testing is performed at the New Jersey State Department of Health Rabies Laboratory.
- The Princeton Health Department's role is to assist in coordinating the testing with local animal control officers, local veterinarians, and the lab.
- Our Public Health Nurse contacts bite victims, and offers recommendations about appropriate medical follow-up, and updating vaccines.

Animal Sheltering and Rescue

Princeton Health Department contracts with SAVE Animal Shelter



Princeton Animal Control is proud to be partnering with the SAVE Animal Shelter to care for our lost and homeless pets.

December, 2015 saw the long-awaited grand opening of SAVE's new, state-of-the-Art Animal Care facility, located on Route 601, next to Montgomery High School.

The Facility also includes administrative facilities and meeting space in the carefully restored Van Zandt House, a historic house from the 1850s.

Youth Camps



Our Environmental Health Staff makes sure your favorite summer destinations are safe and sanitary:

- Youth Camps are inspected to make sure the facility meets state health, safety, and staffing requirements for operation in order to protect the health and safety of children who attend.
- Swimming pool water is checked to make sure it is free from harmful bacteria
- Lifeguards credentials are verified, and adequate staffing ensured
- Summer festivals are monitored for safe food, water, and sanitation.

Key Facts & Activities	2015 data
Number of pre-operational inspections conducted	11
Number of routine, operational inspections conducted	11

The data on this page applies to: Town Of Princeton.

Recreational Bathing Facilities

The Princeton Health Department conducts safety and sanitation inspections of public recreational bathing facilities (including swimming pools, lakes, rivers, streams, tidal bays, and ocean swimming facilities) to reduce the spread of communicable diseases and protect consumers who use these facilities from avoidable harm and danger.



Key Facts & Activities	2015 data
Number of licensed public recreational bathing facilities	
Number of licensed year-round facilities	6
Number of licensed seasonal facilities	6
Number of public recreational bathing features of each type:	
Swimming / wading pools	12
Hot tubs / spas	1
Number of pre-operational inspections of bathing facilities of:	
Year-round facilities	6
Seasonal facilities	6
Number of routine inspections of bathing facilities of:	
Year-round facilities	6
Seasonal facilities	6
Number of non-routine emergency & complaint-related inspections of:	
Year-round facilities	2
Seasonal facilities	2
Number of individual features closed for health and safety violations, by type:	
Swimming / wading pools	3
Number of public recreational bathing facilities closed for health and safety violations:	
Year-round facilities	3
Seasonal facilities	1
The data on this page applies to: Town Of Princeton.	

Local Business Supervision and Inspection



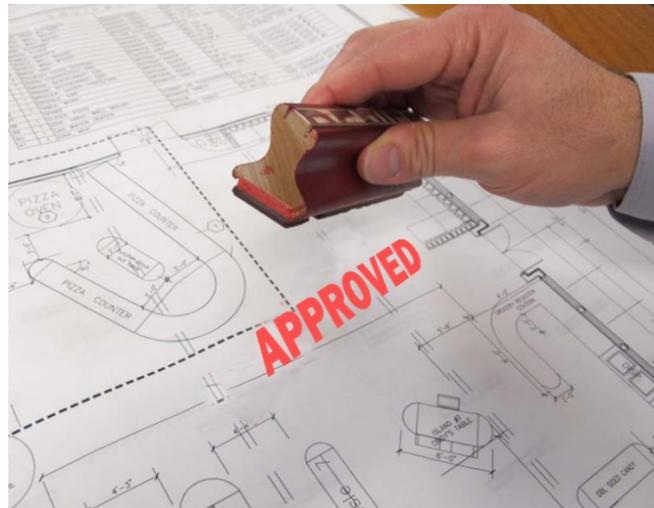
Photo Credit: Princeton TruckFest Facebook Page

Princeton TruckFest in Princeton is a great way to enjoy a warm evening and meet your neighbors. Our Health Inspectors make sure the foods served are safe, wholesome, and served by licensed operators.

Public Health Quick Facts: Building a Better Community

The Health Department also reviews other Permit applications for impacts to public health.

- Construction permit reviews – Does the project have adequate access to safe drinking water and sewage disposal? Is it a business subject to health and safety regulations?
- Planning Board reviews – Will this project help make our community healthier? Are there safe places to walk and play in this development? (Health in All Policies)



Retail Food Establishment Safety

The Princeton Health Department inspects and regulates restaurants, grocery stores, and other retail food facilities to ensure compliance with safety and sanitation rules. The health departments also investigates and controls disease outbreaks linked to retail food facilities.

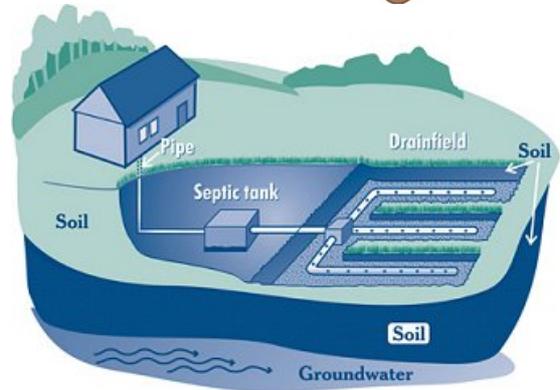


Key Facts & Activities	2015 data
Number of licensed food establishments:	
Risk Level 1 - Establishments that conduct minimal food preparation and minimal handling of potentially hazardous foods	22
Risk Level 2 - Establishments that conduct limited food preparation and heat/cool potentially hazardous foods	59
Risk Level 3 - Establishments that conduct complex food preparation and heat/cool potentially hazardous foods	110
Mobile food establishments	14
Temporary - Establishments operating for no more than 14 consecutive days in conjunction with a single event or celebration	202
Number of retail food establishment plan reviews conducted	16
Number of pre-operational retail food establishment inspections conducted	16
Number of routine inspections for the following types of retail food establishments:	
Risk Level 1 - Establishments that conduct minimal food preparation and minimal handling of potentially hazardous foods	22
Risk Level 2 - Establishments that conduct limited food preparation and heat/cool potentially hazardous foods	59
Risk Level 3 - Establishments that conduct complex food preparation and heat/cool potentially hazardous foods	110
Mobile food establishments	14
Temporary - Establishments operating for no more than 14 consecutive days in conjunction with a single event or celebration	202
Number of routine re-inspections for the following types of establishments:	
Risk Level 1 - Establishments that conduct minimal food preparation and minimal handling of potentially hazardous foods	11
Risk Level 2 - Establishments that conduct limited food preparation and heat/cool potentially hazardous foods	26
Risk Level 3 - Establishments that conduct complex food preparation and heat/cool potentially hazardous foods	30
Mobile food establishments	6
Temporary - Establishments operating for no more than 14 consecutive days in conjunction with a single event or celebration	5
Number of non-routine emergency & complaint-related investigations/inspections:	
Investigations	23
Inspections (other than routine inspections)	18
Number of establishments on which the health department had to take one or more enforcement actions	0

The data on this page applies to: Town Of Princeton.

Onsite Wastewater Disposal Systems Safety

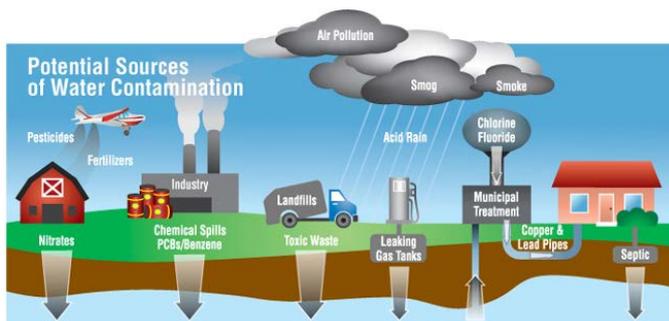
The Princeton Health Department conducts education, permitting, and inspections of low-volume residential and commercial onsite wastewater treatment systems (e.g., septic systems) to ensure that systems are designed, constructed, and maintained properly, thus improving New Jersey's water quality and protecting human health and the environment.



Key Facts & Activities	2015 data
Number of system construction permits issued for final authorization to proceed with installations of new systems	4
Number of system construction permits issued for final authorization to proceed with repairs to existing system	18
Number of system construction permits issued for final authorization to proceed with alterations to existing systems that don't expand the capacity of the system	3
Number of system construction permits issued for final authorization to proceed with alterations to existing systems to expand the capacity of the system	1
Number of system construction permits issued for installation, repair, or alteration of advanced wastewater pretreatment systems	18
Number of system construction permits issued for installation, repair, or alteration of commercial facility systems	0
Number of systems in this municipality	373
Are required system construction inspections performed by the health department (or other government partner)?	Yes, the health department (or other government partner) performs some of these inspections. Third-party certifiers also perform some of these inspections.
Number of unduplicated noncompliant systems identified	0
Number of reality transfer system inspection reports reviewed	15
Number of systems identified as noncompliant as a result of review of reality transfer system inspection reports	9
Number of system investigations conducted by the health department	1

The data on this page applies to: Town Of Princeton.

Potable Wells and Drinking Water Safety



When it comes to potable water, the Princeton Health Department's goal is to assure water systems are properly located, constructed, and provide water satisfactory for consumption.

The Health Department reviews water test results submitted under the Private Well Testing Act requirements for home sales. We also monitor commercial and community facilities where well water is used, to make sure they are following NJDEP requirements to ensure protection of groundwater.

Key Facts & Activities	2015 data
Does the health department analyze potable well water samples?	NO
Does the health department collect potable well water samples?	NO
Number of potable well inspections conducted	3
Number of potable well investigations where the health department determined well water to be hazardous to humans	0
Number of unduplicated potable wells inspected	3
Number of potable well investigations conducted	4
Number of public water system complaints received	0
Number of potable well certificates of compliance issued	3

The data on this page applies to: Town Of Princeton.

Childhood Lead Poisoning Prevention and Control

The Health Department provides childhood lead poisoning prevention and control services.

The good news:
Lead poisoning is **100% preventable.**

Take these steps to make your home lead-safe.

- Talk with your child's doctor about a simple blood lead test. If you are pregnant or nursing, talk with your doctor about exposure to sources of lead.
- Talk with your local health department about testing paint and dust in your home for lead if you live in a home built before 1978.
- Renovate safely. Common renovation activities (like sanding, cutting, replacing windows, and more) can create hazardous lead dust. If you're planning renovations, use contractors certified by the Environmental Protection Agency (visit www.epa.gov/lead for information).
- Remove recalled toys and toy jewelry from children and discard as appropriate. Stay up-to-date on current recalls by visiting the Consumer Product Safety Commission's website: www.cpsc.gov.

Visit www.cdc.gov/nceh/lead to learn more.

Lead continues to be a major preventable cause of developmental delays in children.

It can be found in old paint, old plumbing, and imported pottery or home remedies

Princeton Health Department works with its regional partners to **treat and monitor children** who have elevated lead levels in their blood.

More importantly, we work to **prevent lead poisoning in the first place.** We provide education and referrals to make sure parents can protect their families from lead hazards.