

Emergency Preparedness Information

Report all emergencies by dialing **9-1-1**

What should I do if told to "Shelter in Place"?

In certain situations when an emergency occurs so quickly that there is insufficient time to evacuate, or an evacuation would actually place more people in danger, it is necessary to "Shelter in Place". If this should occur, immediately go inside your home or the nearest structure (if you are at work or away from you home), if you have a pet get it inside too, and do the following:

- Secure all doors and windows (if tape is available, tape cracks for extra protection).
- Shut off all air conditioners, window fans or other equipment with air intakes.
- Cover food and put uncovered food in the refrigerator.
- Move to a center room or central area of the structure (keep water and emergency supplies with you).
- Keep your TV or radio on and turned onto the Emergency Broadcasting Station (or local stations).
- Do not use the telephone except for an extreme emergency.
- Do not leave your home (or the structure) until you are told it is safe to do so.
- If you're in a automobile, roll the windows up, close all vents, turn off the fan and leave the area immediately.

What type supplies should I keep on hand for emergency situations?

It is recommended that citizens keep enough supplies at home to meet family needs for **at least 72 hours**, since it may take that long before outside assistance is available from the state or federal government. Home disaster supply kits should be made up from sturdy and easy to carry containers such as backpacks, duffel bags or large trash containers in the event that you may have to evacuate and take your emergency supplies with you. These emergency supply kits should contain a number of things including the following:

- Three day supply of water (1 gallon per person, per day)
- A three day supply of non-perishable, packaged or canned food.
- One change of clothing for each member of the family.
- Rain gear or coats depending on the time of year.
- Blankets or sleeping bags for each member of the family.
- A battery powered radio with extra batteries.
- Two flashlights with batteries.
- Emergency candles and matches.
- Sanitary supplies (toilet paper, handy wipes, etc.).
- A first aid kit and any prescription medications needed.
- Extra pair of prescription glasses.
- Special care items for infants, elderly or disabled family members.
- Small writing tablet with two or three pencils.
- Manual can and bottle opener.
- Pocket knife or multi-purpose type tool.

- Recommend \$50. to \$100 money in cash, since electronic teller machines may not be working due to power outages.
- Reading materials or games to help pass the time.

Web links:

Ready.Gov Us Dept of Homeland Security: WWW.READY.GOV

State of New Jersey: www.state.nj.us

Federal Emergency Management Agency: www.FEMA.gov

American Red Cross: www.redcross.org

Center for Disease Control and Health: www.cdc.gov

New Jersey Department of Health and Senior Services: www.state.nj.us/health